

SIMPLIFY YOUR MORNINGS AND FUEL YOUR WORKOUTS WITH OUR NATURAL PROTEIN OATMEAL BLEND MEAL REPLACEMENT.

Titan Naturals Whey Protein with Oats – is our energy sustaining protein blend, created to be an ideal source of slow-digesting complex carbs, fast-absorbing whey protein and heart healthy soluble fiber. Our protein oatmeal blend is made with stone-ground oats, the traditional way and our TITAN native grass-fed whey protein. Naturally sweetened with the highest quality Starleaf® Stevia that has a natural taste. Our Native Whey Protein sets the industry standards for Protein purity and quality. Native means our Whey Protein is made directly from the milk of Grass-Fed and Pasture Raised Cows using a unique Cold Fold Technology to provide you the purest, most complete Protein, undamaged and with the highest Nutritional value.

This is why we can provide the most amazing Whey Protein that is:

- Clean & Pure protein with stone-ground oatmeal, the perfect ratio of slow digesting complex carbs and fast absorbing whey protein
- Naturally Sweetened with Starleaf® Stevia
- Completely Natural with ZERO artificial additives or flavorings
- GMO Free
- 100% Soy Free
- Growth hormone free (rBGH and rBST free)
- Dissolves easily (Ideal for your TITAN shaker)
- Micro filtered and minimally processed for highest nutritional value (never acid washed, bleached, or chemically processed)

OPTIONS TO ENJOY

Grab Your Blender And Try Our Delicious Protein Shake:

1. 200-250ml Cold Grass Fed Milk (Substitute with non-dairy milk)
2. 1/2 cup frozen berries
3. 2 x Scoops TITAN Naturals Whey Protein with Oats
4. 1 x Tbsp Peanut / Almond Butter
5. 1 x Banana



Blend, Pour, Enjoy!

In Your Shaker Cup Add:

1. 200-250ml Ice Cold Grass Fed Milk (Substitute with non-dairy milk)
2. 2x Scoops TITAN Naturals Whey Protein with Oats
3. 1/2 Tsp Honey



Shake & Enjoy!



Grass-Fed & Pasture Raised

WHEY PROTEIN WITH STONE GROUND OATS

HIGH PROTEIN STONE GROUND OATS DRINK

100% NATIVE GRASS FED WHEY PROTEIN

100% STONE GROUND OATS THE TRADITIONAL WAY

ARTIFICIAL ADDITIVES FREE

NET WT. 1KG | 20 SERVINGS | DIETARY SUPPLEMENT



Madagascan Vanilla

TYPICAL NUTRITIONAL INFORMATION			
Serving size: 2 heaped scoops (±50g)			
	PER 100g	PER 50g	%NRV
ENERGY	1565kj	782.5kj	8.9%
PROTEIN	42g	21g	39.2%
CARBOHYDRATES OF WHICH TOTAL LACTOSE ADDED SUGARS	34g 3g 0g	17g 1.5g 0g	
TOTAL FAT OF WHICH SATURATED CHOLESTEROL	5.6g 2.6g 90mg	2.8g 1.3g 45mg	
DIETARY FIBER	5.8g	2.9g	
TOTAL SODIUM	390mg	195mg	
POTASSIUM	594mg	297mg	
VITAMIN D	0g	0g	
BCAA'S	10.8g	5.4g	
GLUTAMINE	8.3g	4.15g	
NRV values for individuals 4 years and older.			

*The ingredients we use are tested and follow GMP guidelines.

DIRECTIONS

As a dietary supplement combine 2 heaped scoops (±50g) into 200-250ml cold water, milk or non-dairy milk and shake or blend. Individual scooping technique may yield slightly less or slightly more than 50g. This product is packed by weight, and not by volume. Settling of contents occur over time and cannot be avoided.

INGREDIENTS

100% GRASS-FED NATIVE WHEY PROTEIN CONCENTRATE, STONE GROUND OATS, ORGANIC VANILLIN (EXTRACT OF VANILLA BEAN), NON-GMO Starleaf® STEVIA EXTRACT, HIMALAYAN PINK SALT, NON-GMO SUNFLOWER LECITHIN.

Caution: Always consult a medical doctor before starting any diet or exercise program. Refer to "Directions" for optimal use. Titan Naturals Whey with Oats may be safely combined with other products. Nutritional supplements should be used in conjunction with a balanced diet. Only purchase sealed containers. STORE IN A COOL DRY PLACE, KEEP OUT OF REACH OF CHILDREN. REPLACE THE LID AFTER USE.



ALLERGEN STATEMENT

This product is manufactured in a facility that processes milk.



Titannutritionsa



TITAN Nutrition Est. 2007

MANUFACTURED BY:
TITAN NUTRITION SOUTH AFRICA
THE ONE | THE ONLY | THE ORIGINAL
www.titanworld.co.za

*This product has not been evaluated by SAHPRA for its quality, safety or intended use.

CONTAINS NO BANNED SUBSTANCES
All ingredients conform to the WADA/IOC Anti-Doping Codes Memoranda.



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2. 1/2 Tsp Honey (optional)
3. 1 x Tbsp Peanut / Almond Butter
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5. 1 x Banana



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Naturals

Chocolate Malt